

# *Promise made...*



---

## *The Canticle of Mary*

And Mary said:

*“My soul proclaims the greatness of the Lord;  
my spirit rejoices in God my savior.*

*For he has looked upon his handmaid’s lowliness;  
behold, from now on will all ages call me blessed.*

*The Mighty One has done great things for me,  
and holy is his name.*

*His mercy is from age to age  
to those who fear him.*

*He has shown might with his arm,  
dispersed the arrogant of mind and heart.*

*He has thrown down the rulers from their thrones  
but lifted up the lowly.*

*The hungry he has filled with good things;  
the rich he has sent away empty.*

*He has helped Israel his servant,  
remembering his mercy,*

*according to his promise to our fathers,  
to Abraham and to his descendants forever.”*

Luke 1:46-55

---

# *...Promise fulfilled*



The beauty of Mary’s Magnificat is that it applies to the promises fulfilled by the birth of Jesus. Yet, how is that promise fulfilled today—“His mercy is from age to age”? Do we live a life that reflects Jesus as we prepare for His coming?

This Advent pick up a card from the table in the gathering space each Sunday. On the card you will find a reference to Mary’s proclamation to Elizabeth about who Jesus is with suggestions on how we might live that today.



## ACTIVITIES

There are a lot of ways to keep 'Christ in Christmas'; see some of the many ways you are invited to celebrate the season of Advent:

### *December 3*

**Advent Fair** (after Sunday Masses)—create items to decorate your home for the Advent season.

**KC St Nick Party**—for kids Gr 5 and younger; food, games, music and a visit from St. Nick. Bring a new, unwrapped toy for a less fortunate child; 3:00-4:30 pm.

### *December 7*

**Living Rosary**—Join us as we pray for peace in the world on the Anniversary of Pearl Harbor; 6:30 pm, Church

### *December 8*

**Feast of the Immaculate Conception Mass** at 5:30 pm

### *December 10*

**Giving Tree**—deadline to turn in gifts to help families in need through the Ankeny Service Center, Catholic Charities, St Joseph & OLIH parishes.

**Advent Communal Reconciliation**—come share in the love and mercy of God as we join our brothers and sisters in seeking forgiveness and reconciliation as part of our Advent journey in preparing our hearts for the coming of Christ; 3:00 pm.

### *December 17*

**Bambinelli Sunday**—bring the Baby Jesus from your nativity set to be blessed.

### *December 19*

**Individual Reconciliation**—Fr Steve will be available in the reconciliation room tonight. May we always seek the mercy of God in our lives; 6:00-7:30 pm.

### *December 20*

**Faith Formation Advent Collection**—deadline to turn in items to help the homeless, young families, refugees, and our military members.

**Peace Light from Bethlehem**—come to the Chapel to pray for world peace during the Christmas season.

## HOLIDAY MASS SCHEDULE

### *December 24*

Sunday Mass—8:30 am only (no 10:30 am Sunday Mass)

### *Christmas Eve*

Mass—4:30 pm (Church & MPR); 7:30 & 11:00 pm (Church)

### *December 25 Christmas Day*

Mass—9:00 am

## STUDIES & WORKSHOPS

### *Gifts of the Visitation*

Mondays starting November 27 (4-weeks)

7:00-8:30pm, Green Room

Gather with others to prayerfully contemplate the story of the visitation between Mary and Elizabeth. As in any encounter in our life there are many gifts present. This book will explore nine gifts that are present in this encounter and encourages us to contemplate these gifts in our own life.

### *Advent Online/Small Groups*

Starting Sunday, **December 3**

Watch Anima on FORMED.org and then join the blog on our website (OLIH.org) to join in the discussion! OR—have your small faith sharing group watch the video together and use the Participant Materials to aid your discussion! Contact Patty in the office if you have questions about starting this in your group!

### *Rediscover the Joy of Advent*

**December 9**—2:00-3:30 pm, Mary's Place

The joy of Advent gets lost in the hustle and bustle of the Holiday season. How do we bring back the joy of the Advent season so that we can better prepare for the coming of Christ? Led by Dr. Matt Halbach.

### *Visio Divina: The Birth of Christ*

**December 10**—9:45-10:15 am, Green Room or

**December 21**—6:30-7:30 pm, Green Room

This Advent take a little extra time out of your busy schedule to make room in your heart to reflect on the birth of Christ.