

Return to the Root Retreats

BY JOYCE RUPP

“Rootedness and stillness. These twins provide a worthy foundation for spiritual well-being.”

These words from the introduction of *Return to the Root* describe the focus of these retreats.

Joyce will lead opening and closing reflections containing songs, readings, and creative prayers.

The retreat will include a presentation by Joyce, a guided meditation, and quiet time for personal prayer. Come and find inspiration for your Lenten journey.



Servants of Mary Chapel

Saturday, February 26 • 2–4 p.m.

7400 Military Avenue. • Omaha, Nebraska

No registration required.

For more information, contact Sr. Margaret Stratman at stratman@osms.org.

Our Lady's Immaculate Heart Catholic Church

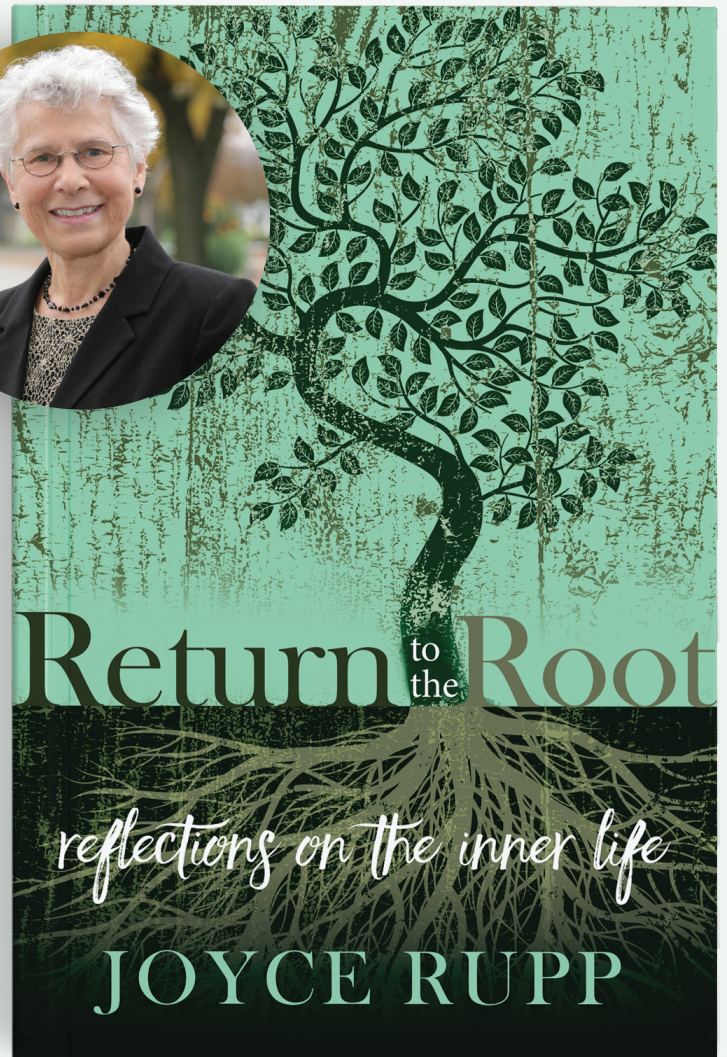
Saturday, March 12 • 9–11 a.m.

510 East First Street • Ankeny, Iowa

Register online at

www.atolih.org/church-events/joycerupp-return-to-the-root
or contact Patty Mayer by emailing patty@olih.org
or calling (515) 964-3038.

Both retreats will be in-person. For the safety of all concerned, participants are asked to follow the current CDC recommendations regarding mask-wearing and social-distancing.



“Taproots provide stability, nourishment and growth. When the poet Rumi encourages returning ‘to the root of the root of the Self,’ he refers to our spiritual taproot, the core of our very being, the dwelling place of divinity, the central source of goodness that grounds our existence. In his letter to the Ephesians, Paul encourages the early Christians to be strengthened in their “inner self” through Christ’s Spirit, that they may be “rooted and grounded in love.” This inner self grounded in love can be likened to Rumi’s imagery of the self held fast by the divine root.”

—*Return to the Root*

There is no fee for either of these retreats.

A free-will donation will be taken with proceeds going to the Afghan Refugee Resettlement in Iowa and Nebraska. Joyce will be available after each retreat for anyone who wishes to have a book signed. Books will be available for purchase.