



Create in me a Clean heart,
O God



Be sure to pick up the materials that will help you to keep focused this Lent:

- There are a variety of **Booklets** to assist you in your Lenten journey this year. Check out the *Practicing Love* booklets—they are perfect for all ages and stages of family life.
- **Wooden Nickel** imprinted with our theme—put it in your pocket or next to your computer—wherever it will trigger a reminder for you to keep Christ as the center of your day!
- **Pens & Note Cards** imprinted with our theme this year to write notes to loved ones as you offer up your prayers and fasting for them.



Prayer:

Ash Wednesday Masses

7:00 am, 5:00 pm & 7:00 pm

Regular Lenten Routines:

Mondays: 9:00 am Stations of the Cross

Tuesdays: 5:30 pm Mass

Fridays: 9:00 am-12:00 pm Exposition; 5:30 pm Mass

Lenten Friday Events:

Feb 16: Adoration 6:00-8:00 pm

Feb 23: Stations of the Cross 6:00 pm; Fish Fry 5:00-7:00 pm

March 2: Stations of the Cross 6:00 pm; Blanket tying & Movie *Cars 3* 6:30 pm (BYOChair)

March 9: Stations of the Cross 6:00 pm; Fish Fry 5:00-7:00 pm

March 16: Adoration 6:00-8:00 pm

March 23: Stations of the Cross 6:00 pm; Fish Fry 5:00-7:00 pm

Almsgiving:

This year we will focus on giving to the hungry. Students in Faith Formation classes will be encouraged to bring donations to class; all other parishioners are encouraged to place your donations in the heart shaped box on the table in the gathering space. Our collection this year will be divided 50/50—50% will stay here in Ankeny and be given to Love Lunches (a program to feed children and families during the summer) and 50% will be used more globally to support Bread for the World (read more at www.bread.org and be ready to write letters in support of feeding the hungry on **March 3 & 4**).

Feasting on Study:

Weekly Series:

Financial Peace University, Thursday evenings 6:30 pm, Green Room (9 weeks) **starts Feb 15**

Financial Peace University is a money-management class taught by America's most trusted financial guru, Dave Ramsey. Dave and his teaching team will walk you through the basics of budgeting, dumping debt, planning for the future, and much more. Join the class by registering online at OLIH.org > Events > FPU. Registration includes purchasing your materials through the Dave Ramsey site (\$109.00).

Hunger Series, Tuesday evenings, 6:00-6:45 pm (after Mass), Green Room **starts Feb 20**

Feed your body with some hearty snacks and your soul with stories of spiritual and physical hunger.

The Catholic Table continues...

Have you considered fasting as a Spiritual Practice? This year Patty is going to put a focus on fasting during Lent and share her joys, successes and failures along the way. Join Patty in learning more about fasting as a spiritual exercise. The author of *The Catholic Table* encouraged us to 'fast when the church fasts and feast when the church feasts'—so Patty will continue the blog throughout Lent as she explores fasting with the church.

One-Time events

Thursday, **Feb 15:** 6:30 pm, Green Room *Visio Divina*
Pray with words and images: The Transfiguration

Wednesday, **Feb 21:** 5:30-6:30 pm, Green Room
From the Water to the Cross: Journeying with Jesus through Lent

Dr. Halbach will explore the Sunday Gospel readings for Lent with an eye to how Jesus' journey from baptism in the Jordan to the cross on Calvary, offers us a roadmap for our own spiritual journey through Lent. Themes that will be touched upon are:

- embracing the Father's love for us
- the role of light and darkness in our lives
- the role of the Spirit and the challenge to share God's mercy with others
- and, finally, suffering and surrender

Monday, **Feb 26** 7:30-9:30 pm, Banquet Room
Soul Shop

We all walk through life knowing people who are suffering from suicidal desperation—those who have experienced thoughts of suicide, those who know someone who has committed suicide and those who attempted suicide. *Soul Shop* is an event to share with you some basic conversational skills that can help to save the lives of those you run into at home, work or in the community.

Thursday **Mar 1:** 6:00-7:00 pm, Banquet Room
Walking with the Women Saints

An elegant night out—wine, cheese and Saints! Melanie Rigney, author of the book *Sisterhood of the Saints* will share with us some insights and reflections on women saints that will assist us in our Lenten Journey.

Monday, **Mar 5:** 6:30 pm, Conference Room
Family Promise informational Night

Ever considered helping with Family Promise but are not sure what it is, who you're serving, or what to do? Come to hear more about this amazing opportunity to serve people who are working hard to make a better life for themselves and their families and how you can be part of supporting and encouraging them on their journey.

Sunday, **Mar 11** 9:45 am, Green Room *Visio Divina*
Pray with words and images: The Crucifixion

Sunday, **Mar 11** 3:00 pm, Church
Parish Reconciliation Service (Individual reconciliation available)

Thursday, **Mar 15** 6:30 pm, Green Room *Visio Divina*
Pray with words and images: The Crucifixion

Wednesday, **Mar 21** 8:00 pm, Church
Women's Way of the Cross

Speaking to the 'crosses' that women find themselves burdened with, this evening will help you discover the One who can bring you relief. All women of the parish are welcome to come and pray the stations together!

