

SMALL GROUP STUDIES

AVAILABLE TO BORROW THROUGH THE OLIH ADULT FAITH OFFICE

DVD & CD STUDIES: (LISTED BY PRESENTER)

TITLE	SUMMARY	TIMING/CHAPTERS	WHAT'S AVAILABLE	OTHER
<i>Called & Gifted Workshop</i>	Understand your Gifts; Discover Your Call		CD set for small groups	
<i>Called & Gifted II: Discernment in Depth</i>	Discerning Charisms, Call and Vocation		CD for small groups	
<i>Catholicism</i> Bishop Robert Barron	<ol style="list-style-type: none"> 1. Amazed and Afraid: The Revelation of God Become Man 2. Happy Are We: The Teachings of Jesus 3. The Ineffable Mystery of God: That Than Which Nothing Greater can be Thought 4. Our Tainted Nature's Solitary Boast: Mary, the Mother of God 5. The Indispensable Men: Peter, Paul, and the Missionary Adventure 6. A Body Both Suffering and Glorious: The Mystical Union of Christ and the Church 7. Word Made Flesh, True Bread of Heaven: The Mystery of the Liturgy and the Eucharist 8. A Vast Company of Witnesses: The Communion of Saints 9. The Fire of His Love: Prayer and the Life of the Spirit 10. World Without End: The Last Things 	10 videos, 50-60 minute each	DVD Leader's Guide	

<p><i>Mystery of God</i> Bishop Robert Barron</p>	<p>A comprehensive look at what Christians mean by “God.” This study clarifies our understanding of God and the Trinity as “being itself,” not one being among many. He specifically engages the claims of modern atheists and shows how Catholics can refute them.</p>	<p>6 videos, 20-30 minutes each</p>	<p>DVD Leader’s Guide</p>	
<p><i>Pivotal Players Volume 1</i> Bishop Robert Barron</p>	<ol style="list-style-type: none"> 1. St Francis of Assisi 2. St Catherine of Siena 3. G.K. Chesterton 4. St Thomas Aquinas 5. Michelangelo 6. Blessed John Henry Newman 	<p>Each “player” has 2 videos of varying of length – totaling 60-80 minutes of video per person</p>	<p>DVD Leader’s Guide</p>	<p>Can do all of them in a row – or just one of the “Players”</p>
<p><i>Priest, Prophet, King</i> Bishop Robert Barron</p>	<p>In this deeply biblical study, Bishop Barron brings us closer to Christ not only as our Savior, but also as the consummate Priest, Prophet, and King as foreshadowed in the Old Testament. These divinely-ordained roles become our calling as well once we are baptized into Christ</p>	<p>6 videos, 20-25 minutes</p>	<p>DVD Leader’s Guide</p>	
<p><i>Seven Deadly Sins, Seven Lively Virtues</i> Bishop Robert Barron</p>	<p>The seven deadly sins, those great spiritual blocks that inhibit our flourishing in relationship with God and with one another... Based on Dante’s writings, the seven deadly sins correspond to the seven stories of Dante’s Mt Purgatory. Pride, envy, anger, sloth, gluttony, avarice, and lust are all presented as patterns of dysfunction within us that lead to unhappiness. However, Father Barron shows us how to counteract these seven sinful patterns through a conscious process of opposition, which are the “seven lively virtues.” The seven lively virtues offer antidotes to each sin and help set us on the right path to healing and happiness</p>	<p>8 videos, 10-18 minutes</p>	<p>DVD</p>	
<p><i>Tre Ore</i> Bishop Robert Barron</p>	<p>The “Three Hours’ Agony” or <i>Tre Ore</i> is a liturgical service held on Good Friday from noon until 3:00 to commemorate the passion of Christ. Specifically, it refers to the three hours that Jesus hung on the Cross and includes a series of homilies on the seven last words of Christ.</p>		<p>CD Reflection booklet</p>	<p>Great for Lent!</p>

<p><i>Momnipotent</i> Danielle Bean</p>	<p>Is being a mother what you thought it would be? The exhaustion, monotony, mounting unfinished projects, a loss of a sense of self... Too many moms, especially young and new moms, do in fact feel disillusioned. Maybe you feel you've been sold a bill of goods, that success and happiness are not possible through the vocation to motherhood. Many moms quietly resign themselves to the idea that success, happiness and fulfillment are things they will need to find in spite of motherhood, not because of it.</p> <p>In <i>Momnipotent</i>, Danielle Bean understands all this first-hand and meets women where they are. With great wit, wisdom, and compassion, she provides much-needed encouragement to all women and beautifully resonates with their feminine hearts.</p>	<p>8 – 30 minute videos</p>	<p>DVD Book Leader's Guide Journal</p>	<p>Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.</p>
<p><i>The Psalms: The Prayer of the Church</i> Sr Dianne Bergant, CSA, PhD</p>	<p>Embark on a powerful journey through the Psalms. The Book of Psalms is perhaps the greatest work of prayer ever written, and it is foundational to the liturgy and individual prayer. In these twelve superb lectures, you will experience the timeless power of the psalms. As you explore Scripture, theology, prayer, and the life of the Church, you will renew your spirituality with the life-giving power of the Psalms.</p>	<p>12 sessions</p>	<p>DVD CD with Study Guide included</p>	
<p><i>The Beatitudes: A Couple's Path to Greater Joy</i> John Bosio</p>	<ol style="list-style-type: none"> 1. Your Marriage is Your Call to Holiness 2. Your Marriage is a Dance 3. Your Marriage is a Three-Legged Race 4. Your Marriage is Your Treasure 5. Your Marriage is Your Home 6. Your Marriage is a Celebration of Life 	<p>6 sessions</p>	<p>DVD (Includes PDF format of all prayers and handouts) Companion book: "Blessed is Marriage"</p>	
<p><i>The Victory of Christ: Exploring the Book of Revelation</i> Prof, Ian Boxall, D.Phil</p>	<p>From the time of the early Christians, the Book of Revelation has fascinated and puzzled its readers in equal measure. Now, you can join a leading New Testament scholar in exploring this important – and often misunderstood – biblical book. You will learn about its origins, apocalyptic writing in the early Church, and how its original audience might have</p>	<p>12 sessions</p>	<p>DVD CD with Study Guide included</p>	

	<p>understood the text. In witnessing Christ’s victory over the forces of evil and chaos, you will emerge from this course with an invigorated understanding of the Word of God.</p>			
<p><i>The Acts of the Apostles</i> Sr Laurie Brink, O.P, Ph.D.</p>	<p>Explore one of the most exciting books of the New Testament with early Christianity expert, Sr. Laurie Brink, as your guide. In this brilliantly taught Bible study course, you will gain powerful insight into early Christianity, the lives of the disciples, and Christ’s mission.</p> <p>At the end of the Gospel of Luke, the apostles are invigorated by the appearance of the Resurrected Christ. Acts of the Apostles picks up where the Gospel leaves off, with the evangelist Luke narrating the spread of the Good News from Jerusalem to the ends of the earth. In Acts, we find fascinating portraits of Christ’s disciples in action, performing miracles and preaching throughout the world. No other work in the New Testament includes such a literary variety, covers so great a geographic and temporal expanse, or introduces more characters. Filled with miracles, mayhem, resuscitations, and harrowing escapes, Luke’s second volume continues to enthrall and inspire us.</p> <p>You will approach Acts of the Apostles first as a written text, examining its literary aspects, before looking at it as ancient text, understanding its historical and cultural backdrop. You will also gain a glimpse into how the earliest believers understood and proclaimed the Gospel.</p> <p>Follow Peter, Paul, and the other apostles and disciples and learn about their mission that will bring martyrdom to some, hardship to most, and the Gospel to all.</p>	<p>12 Lectures</p>	<p>DVD Downloadable leader’s guide</p>	
<p><i>Unlocking the Mystery of the Bible</i> Jeff Cavins</p>	<p>This study provides the easiest way to understand the Bible. <i>Unlocking the Mystery of the Bible</i> makes the complex simple. It helps you uncover the story woven throughout Scripture so that you can get the “big</p>	<p>Eight - 30-minute videos</p>	<p>DVD set Leader’s Guide</p>	<p>Have AFF office open up a study for you on the Ascension Press website – participants will</p>

	picture” of the Bible and understand what it is all about. The Bible is a story about the Father’s unfailing love for you - a love that you are now called to share with others.			register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>The Bible Timeline: The Story of Salvation</i> Jeff Cavins	This is the foundational study in <i>The Great Adventure Bible Study Series</i> <i>The Bible Timeline</i> is a fascinating study that takes participants on a journey through the entire Bible. They will go deep into each period of salvation history and discover the amazing story woven throughout all of Scripture. Using a unique color-coded system, they will learn the major people, places, and events of the Bible and see how they all come together to reveal the remarkable story of our faith. <i>The Bible Timeline</i> has been granted the <i>Imprimatur</i> .	24 – 50 minute videos	DVD set Large Timeline (<i>Leader’s Guide is part of the Participant/Study book</i>)	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Matthew: The King and His Kingdom</i> Jeff Cavins	<i>Matthew</i> is an ideal follow-up study to the basic narrative of Scripture taught in <i>The Bible Timeline</i> study. <i>Matthew</i> demonstrates how the promises and prophecies of the Old Testament are fulfilled in Christ, who establishes a New Law and inaugurates the Kingdom of Heaven on earth. Participants will see Jesus as the awaited Messiah who relives the life and struggles of Israel to become the faithful and victorious King. Set in the rich context of Jesus’ Jewish culture, this study will help participants understand who Jesus is and what his life and teachings mean for us today.	24 – 50 minute videos	DVD (<i>Leader’s Guide is part of the Participant/Study book</i>)	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Acts: The Spread of the Kingdom</i> Jeff Cavins	Step Three in <i>The Great Adventure Bible Study Program</i>, <i>Acts: The Spread of the Kingdom</i>, builds on <i>The Bible Timeline</i> and <i>Matthew</i> by showing how Christ’s Kingdom on earth is empowered to carry out his work in the world. The book of Acts shows the Church, enlivened by the Holy Spirit, teaching, preaching, healing, and restoring outcasts in the same way that Jesus did on earth.	20 – 50 minute videos	DVD (<i>Leader’s Guide is part of the Participant/Study book</i>)	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow

	The Acts of the Apostles provides an historic framework for understanding the rest of the New Testament. Paul's letters in particular come alive in a new way when they are read within the context of the Acts narrative.			participants access to the videos for the duration of the study.
<i>Ephesians: Discover Your Inheritance</i> Jeff Cavins	Paul's letter to the Ephesians reveals many remarkable gifts that we as Christians are given in the Church. This letter tells us about the nature of the Church – as a body, as a household, as a mystery, as a communion, as a bride, and as an army. It shows us the great inheritance that awaits us as sons and daughters, adopted fully into the family of God. It reveals how God's great love for us can transform our daily lives if we allow it.	8 – 30 minute videos	DVD <i>(Leader's Guide is part of the Participant/Study book)</i>	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Revelation: The Kingdom Yet to Come</i> Jeff Cavins	<i>Revelation: The Kingdom Yet to Come</i> is an intriguing study that shows how the kingdom established by Christ in his Church is intimately connected with the kingdom of heaven. Here you will discover what the mysterious figures and images of Revelation mean. You will see how Revelation is more than an apocalyptic vision of the "end times." It is a revelation of God as our Divine Bridegroom and the Church as his spotless Bride, forever united in a heavenly, holy, and mystical marriage that we enter into every time we celebrate the Mass.	11 – 50 minute videos	DVD <i>(Leader's Guide is part of the Participant/Study book)</i>	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Meet the Real Mary Magdalene</i> Fr Raymond Collins STD	What was Mary Magdalene really like? Other than the Virgin Mary, no woman has so captivated biblical scholars as Mary from Magdala. You will explore Mary Magdalene in the Gospels, Gnosticism, and popular culture. As you do so, you will gain a powerful portrait of this Galilean follower of Jesus. Discover this essential biblical figure today.	6 sessions	DVD CD with Study Guide included	
<i>Therese of Lisieux: Wisdom's Daughter</i> Prof Keith J Egan,	Discover why Therese of Lisieux is, in the words of Pope Pius X, the "greatest saint of modern times." This young woman who through of herself merely as a "grain of sand" and called herself the Little Flower	12 sessions	DVD	

PhD, TOC	continues to touch the hearts of the faithful worldwide. Therese's wisdom was a gift of God – a gift that is now available for all of us to cherish.			
<i>33 Days to Morning Glory</i> Fr Michael Gaitley	St. Louis de Montfort, St. Maximilian Kolbe, Blessed Teresa of Calcutta, and Blessed John Paul II. Fr. Michael masterfully summarizes their teaching, making it easy to grasp and simple enough to put into practice. More specifically, he weaves their thought into a user-friendly, do-it-yourself retreat that will bless even the busiest of people. So, if you've been thinking about entrusting yourself to Mary for the first time or if you're simply looking to deepen and renew your devotion to her, <i>33 Days to Morning Glory</i> is the right book to read and the perfect retreat to make.	Program is set up for a 33 day journey – can be done alone, with small group discussion, or in other formats.	DVD Retreat Companion	Great for leading up to a Marian feast day!
<i>Thomas Merton, The Seven Storey Mountain, and the Rest of the Story</i> Dr Michael W Higgins, Ph.D.	Journey through the life and literary genius of Thomas Merton. When Thomas Merton published <i>The Seven Storey Mountain</i> in 1948, no one could have expected it to become an international sensation. An autobiography of his conversion to Catholicism, it became a wildly popular bestseller, propelling this humble Trappist monk to literary fame. Today, it is widely regarded as a spiritual classic. While it remains his most famous work, <i>The Seven Storey Mountain</i> is only the tip of the iceberg in Merton's rich, multi-layered oeuvre. <i>In Thomas Merton, The Seven Storey Mountain, and the Rest of the Story</i> , you will join acclaimed Merton biographer Dr. Michael W. Higgins in exploring Merton's compelling autobiographical literature. As you examine his journals, letters, novels, and poetry, you will encounter a brilliant portrait of the premier Catholic spiritual figure of the twentieth century. As you will see, while <i>The Seven Storey Mountain</i> established Thomas Merton as a prominent writer, he also felt that it presented a limited portrait of him.	12 Lectures	DVD Downloadable study guide	

	<p>Indeed, his later autobiographical works, such as <i>Conjectures of a Guilty Bystander</i> and <i>The Asian Journal</i>, show a more mature and fully realized vision. <i>The Seven Storey Mountain</i> would establish many of Merton's most powerful themes—his later works brought these themes to their apex.</p> <p>In this course, you will examine the writings of this modern and post-modern chronicler of the soul's unfolding. Encounter Thomas Merton—the man, monk, and mystic—today.</p>			
<p><i>The Turning Point</i> Dr Allen Hunt</p>	<p>The Turning Point won't just teach you how to understand the Bible better. Through engaging videos, a thought-provoking workbook, and an edition of the Gospel of John that reads like your favorite chapter book, this unique nine-week study will help you develop a meaningful relationship with Jesus.</p>		DVD Leader's Guide	
<p><i>Good News People: Faith, Hope and Love in Action</i> JustFaith</p>	<p>Offers a way to engage Catholics seeking to deepen their understanding and practice of their faith. Through an engaging small-group process of prayer, reflection, and action, GoodNewsPeople explores and deepens our call to discipleship.</p>	14 – 2 hour sessions	DVD	
<p><i>The Gospel According to John and the Johannine Letters</i> Little Rock Scripture Series</p>	<p>For use with the Collegeville/Little Rock Series</p>	14 videos, approximately 20 minutes each	DVD	There are currently 3 commentaries and 2 study guides available also.
<p><i>Oscar Romero: Saint of Liberation</i> Dr Michael E. Lee, Ph.D.</p>	<p>A voice for the voiceless and a champion of human rights, Blessed Oscar Romero (1917-1980) is beloved around the world. In 6 lectures, you are invited to explore his life and legacy. Under the guidance of Dr Michael Lee, you will explore Romero's fascinating</p>	6 lectures	DVD	

	<p>life: his humble beginnings, his courageous years as archbishop of a war-torn country, and his tragic assassination while celebrating the Eucharist. Through it all, Romero offered powerful theological reflections on Christ, spirituality, and the meaning of Christian life today.</p>			
<p><i>The Return of the Prodigal Son: A Story of Homecoming</i> Henri J.M. Nouwen</p>	<p>A chance encounter with a reproduction of Rembrandt's painting, <i>The Return of the Prodigal Son</i>, catapulted Henri Nouwen into a long spiritual adventure. In his highly-acclaimed book of the same title, he shares the deeply personal medication that led him to discover the place within which God has chosen to dwell. This Lent course, which has been adapted from the book, helps us to reflect on the meaning of the parable for our own lives.</p>	5 sessions	CD Reflection booklet	Great Lenten Course!
<p><i>The Jesus of Scripture</i> Rev. Donald Senior, CP, STD</p>	<p>This course is about Jesus of Nazareth. It is wonderfully taught by one of the world's leading Catholic New Testament experts. Understand the nature of the gospels and their historical reliability, and the key and distinctive dimensions of Jesus and his mission portrayed by the evangelists. Encounter the life-giving Jesus, the one alive in the church and in the world today – the Jesus of Scripture.</p>	12 sessions	DVD CD with Study Guide included	
<p><i>The Prophets: Messengers of God's Mercy</i> Thomas Smith & Sarah Christmyer</p>	<p>If we consider that God is the Divine Bridegroom and the Church is his Bride, then the prophets can be seen as "spiritual marriage counselors." They afflict the comfortable and comfort the afflicted, calling us to return to our covenant relationship with God. They urge us to repentance, warn us of the dangers of sin, and announce the blessings of faithfulness. Their prophetic words speak to us even today, as they draw us closer to our heavenly Bridegroom, and show us how to share him with others.</p>	10 – 30 minute videos	DVD Leader's Guide	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<p><i>The Biblical Walk Through the Mass</i> Edward Sri</p>	<p>Based on the revised translation of the Mass, this five-part program takes participants on an exciting tour of the Liturgy as it explores the biblical roots of the words and gestures we experience at Mass and</p>	5 – 30 minute videos	DVD <i>(Leader's Guide is part of the Participant/Study</i>	Have AFF office open up a study for you on the Ascension Press website – participants will

	explains their profound significance. See, perhaps for the first time, why we say what we say and do what we do every week at Mass. The words and gestures will be seen in a new light, giving new life to the liturgical experience.		<i>book)</i>	register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Mary: A Biblical Walk with the Blessed Mother</i> Edward Sri	<i>An extraordinary pilgrimage that reveals Mary's unique role in God's Kingdom and in our lives. Filmed on location in the Holy Land, Mary: A Biblical Walk with the Blessed Mother will place you in the midst of the powerful drama of her earthly life, taking you through her joys...and her sorrows. You will learn how she works in our lives today, drawing us ever closer to her Divine Son. Seeing Mary in this way will change you forever. Mary will become a part of your daily life, and in your daily life, you will become more like Christ.</i>	8 – 30 minute videos	DVD <i>(Leader's Guide is part of the Participant/Study book)</i>	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Follow Me: Meeting Jesus in the Gospel of John</i> Edward Sri	Following Christ takes more than simply believing in him or doing what he asks of us. Jesus wants you to be more than just a believer — He wants you to be his disciple and friend. <i>Follow Me: Meeting Jesus in the Gospel of John</i> is your guide to a personal encounter with Christ. As the Good Shepherd, Jesus seeks after us. He comes to meet us and beckons us to follow him. He calls us to be his disciples, to trust him, to open ourselves to his merciful love, and to love others as he has loved us. <i>Follow Me</i> invites you to experience the joy of a renewed friendship with Christ.	8 – 30 minute videos	DVD <i>(Leader's Guide is part of the Participant/Study book)</i>	Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.
<i>Symbolon</i> Edward Sri	We may be familiar with different aspects of the Catholic Faith ... but how does it all fit together? And what difference does it make for our lives? <i>Symbolon: The Catholic Faith Explained</i> is a stunning video series that systematically presents the BIG picture of the Catholic Faith. Filmed on location in Rome, the Holy Land, Calcutta, and in the Augustine Institute studios in Denver, dozens of nationally-		DVD Or on FORMED.org	

	<p>known teachers clearly present the beauty and brilliance of Catholicism.</p> <p>Acclaimed author, speaker, and theologian Dr. Edward Sri leads over 25 of the nation’s top experts to clearly and comprehensively explain the Catholic Faith in a way that helps us know it, live it, and articulate it to others. <i>Symbolon</i> presenters include Johnnette Benkovic, Patrick Coffin, Jason and Crystalina Evert, Dr. Tim Gray, Curtis Martin, Leah Darrow, Chris Stefanick, Teresa Tomeo, Fr. Leo Patalinghug, and many more!</p> <p>This compelling series contains two parts including ten episodes each. In Part 1, we journey through the core teachings of the Catholic Church traced out in the Creed and <i>Catechism</i> with the goal of knowing the Faith. In Part 2, we focus on our encounter with God in the sacraments and the moral life so that we can be fully living the Faith.</p>			
<p><i>Oremus: A Guide to Catholic Prayer</i> Fr Mark Toups</p>	<p>The Oremus study program teaches you the essentials of an effective and fruitful prayer life. Over the course of eight weeks you will discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of the saints, you will learn how to express yourself to God in prayer, and how to hear his voice.</p>	<p>8 – 30 minute videos</p>	<p>DVD <i>(Leader’s Guide is part of the Participant/Study book)</i></p>	<p>Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the videos for the duration of the study.</p>
<p><i>Epic: A Journey through Church History</i> Steve Weidenkopf & Dr. Alan Schreck</p>	<p>Takes you through the major people, places, and events that make up the history of the Catholic Church. See the glory of the Church founded by Christ and understand where you fit into this Epic story. For group or private study.</p>	<p>20 – 50 minute videos</p>	<p>DVD <i>(Leader’s Guide is part of the Participant/Study book)</i></p>	<p>Have AFF office open up a study for you on the Ascension Press website – participants will register and purchase their materials here. Registration through the website will allow participants access to the</p>

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STUDY GUIDE ONLY – BOOK STUDY:

The Screwtape Letters Study Guide	Alan Vermilye
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