



CURRENTLY IN GRADES 6-8

# CHRIST'S HANDS OUTREACH RETREAT

SERVICE, COMMUNITY, & PRAYER

**SUNDAY, JULY 12 (7PM) -  
WEDNESDAY, JULY 15 (7PM)**

COST \$85 SPONSORSHIPS AVAILABLE  
CONTACT ABBY HENDERSON FOR DETAILS

# Christ's Hands Outreach Retreat

## **Why YOU (6th-8th grader) should come to Christ's Hands Week:**

You learn, have fun, help others, and grow in your faith. It can be some of the best 3 days of your life!

We spend the day out a different service sights, serving our community at food pantries, care centers, youth programs, and more. And we spend the evenings playing games, relaxing, eating, praying, laughing, singing, and more

**"It is a great opportunity to actually make a different." -Matt**

**"It's a fun way to get to know yourself and your peers better." Natalie**

## **Why YOU (parents & other adults) should help at Christ's Hands:**

Parents are the first (and greatest) teachers of the faith—spend these three days together in service as a disciple of Christ. Our middle school youth are at a wonderful age to increase how they serve others.

We need day chaperones, who accompany groups to the service sights (9:00am-4:30pm) and evening chaperones who help prepare/serve/clean-up meals (5:00-7:30pm). We have high school youth who plan and run our evenings!

We will dig into the faith both in service and prayer during our time together and share many wonderful memories!

*\*Mileage will be reimbursed for all driving chaperones.*

*\*Meals are provided for all chaperones.*



*St. Teresa of Avila,  
Pray for us*

***Detailed Descriptions of Volunteer & Stipend positions are available online,  
as well as more FAQs, sign-up, and more!***

**Sign Up & Payment is due by June 12 and includes all food, t-shirt, and fees.**

### ***FAQs:***

- How do I register?** Go to the youth ministry tab on the OLIH website. Payment can be brought to the office or paid online (just note Christ's Hands as reason for payment)\* ([www.tinyurl.com/olihympermission](http://www.tinyurl.com/olihympermission))
- What do I bring?** A packing list will be given to all participants about three weeks in advance. Nothing too unique is required!
- What will we be doing?** With the words of St. Teresa of Avila guiding us, we will spend three days living in community at OLIH, going to various worksites around the Des Moines area, and participating in the Corporal & Spiritual Works of Mercy to help build up our world.  
*Some examples: Gardening at Agape Garden, Bidwell Food Pantry, St. Vincent de Paul, Sunnyview Care Center, Courage League, yard/house work for parishioners*
- Can my friends from other churches come?** Yes! All are welcome, though we will be participating in Catholic prayers and attending Mass. They need to fill out the online registration and pay the fee by the deadline.

[www.olih.org](http://www.olih.org) [abby@olih.org](mailto:abby@olih.org) 515-402-7432 (cell) 515-964-3038 (office)

*\*sponsorships are available if there is a financial need. Please contact Abby directly!*