



**Our Lady's Immaculate Heart Church
10th Grade Confirmation Preparation:
An Experience of Discipleship
Parent and Teen Checklist**

Acts 2:42 “They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers.”

- Experience Discipleship through regular active participation in the following:
 - Mass (Prayer & Worship)
 - Faith Formation Sessions (Growth in knowledge)
 - Youth Ministry Gatherings, Events & Retreats (Building Community)

Galatians 5:13 “For you were called for freedom. But do not use this freedom as an opportunity for the flesh; rather, serve one another through love.”

- Experience Discipleship through regular active participation in Service:

1 or more service experiences in OLIH Parish Community

Completed: _____

1 or more service experiences in the Greater Des Moines Area Community

Completed: _____

Luke 6:12 “In those days he departed to the mountain to pray, and he spent the night in prayer to God.”

- Experience Discipleship through Retreat:
 - *A Confirmation Retreat: Sunday, September 18, 2022 @ OLIH (Tentative – awaiting confirmation from retreat team)*

Completed: _____

- Experience Discipleship through Spiritual Companions:
 - *Sponsor Information Form – Filled out online by March 15th*
- Sponsor Materials can be found online:
 - Sponsor & Candidate Sessions (Faith to Faith Resource – from Faith Formation Office) completed by **August 15th**
 - Sponsor Recommendation & Evaluation Form filled out by **August 15th**

Completed: _____

- *Baptismal Information filled out by March 15th*
(If not baptized at OLIH)

Completed: _____

Important Dates:

- March 15 – Sponsor Information Form & Baptismal Information Form – filled out online
- August 15 – Sponsor Recommendation & Evaluation & All Service Reflections Due – filled out online
- September 18 – OLIH Confirmation Retreat Day
Saturday, October 8, 2022 10 am & 2 pm. (Rehearsal at 8 am & Noon for teens and sponsors)

Please complete all requirements by August 15