



**Our Lady's Immaculate Heart Church
9th Grade Confirmation Preparation:
An Experience of Discipleship
Parent and Teen Checklist**

Acts 2:42 "They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers."

- Experience Discipleship through regular active participation in the following:
 - Weekly Mass Attendance (Prayer & Worship)
 - Faith Formation Sessions (Growth in knowledge)
 - Youth Ministry Events, Gatherings & Retreats (Building Community)

Galatians 5:13 "For you were called for freedom. But do not use this freedom as an opportunity for the flesh; rather, serve one another through love."

- Experience Discipleship through regular active participation in the following:
 - Service to Others (Decision making & putting others first)

1 or more service experiences to OLIH Parish Community

Completed: _____

1 or more service experiences to the Greater Des Moines Area Community

Completed: _____

1 or more service experiences within your Family

Completed: _____

- **Please complete the above 9th Grade expectations by the start of 10th grade year.**
- **Once the above expectations are completed, you may begin completing the 10th Grade expectations.**

Parents: as primary examples and models of faith, you are encouraged to be active with your youth in living out, and participating in all the above Confirmation expectations.

What to do? There is a "List of Service Opportunities" on the parish website and there are service opportunities communicated regularly in the weekly faith formation update.

When using the List of Service Opportunities – Contact the Service organization and ask them how your family can be physically supportive of their needs.